

List of Plants

SITOSTEROL

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*Unless otherwise noted all references are to Duke, James A. 1992. Handbook of phytochemical constituents of GRAS herbs and other economic plants. Boca Raton, FL. CRC Press.

Plant	Plant Part	Low PPM	High PPM	StdDev	*Reference
Acacia farnesiana	Plant	--	--		Pakistan Encyclopedia Planta Medica. 1986.
Acacia senegal	Plant	--	--		Pakistan Encyclopedia Planta Medica. 1986.
Acacia farnesiana	Seed	--	--		Duke, J. A. Writeups or information summaries on approximately 2,000 economic plants, USDA, ARS, Beltsville, MD 20705.
Acorus calamus	Plant	--	--		*
Acorus calamus	Rhizome	--	--		Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Aesculus hippocastanum	Leaf	--	--		Bisset, N.G., ed. 1994. Herbal Drugs and Phytopharmaceuticals. CRC Press. Boca Raton, FL. 566 pp.
Anamirta cocculus	Seed	--	--		*
Anogeissus latifolia	Plant	--	--		*
Arctium lappa	Root	--	--		Wealth of India.
Cassia tora	Seed	--	--		*
Chenopodium album	Plant	--	--		*
Corchorus olitorius	Seed	--	--		*
Corylus avellana	Bark	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Croton lechleri	Latex Exudate	--	--		*
Cucumis melo	Seed	--	--		ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Cyperus rotundus	Root	--	--		*
Datura stramonium	Seed	--	--		*
Digitalis purpurea	Leaf	--	--		*
Dipteryx odorata	Seed	--	--		CRC Handbook of Medicinal Herbs and/or CRC Handbook of Proximate Analyses
Eruca sativa	Seed	--	500.0		*
Ginkgo biloba	Leaf	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Gloriosa superba	Bulb	--	--		*
Hypericum perforatum	Plant	--	--		List, P.H. and Horhammer, L., Hager's Handbuch der Pharmazeutischen Praxis, Vols. 2-6, Springer-Verlag, Berlin, 1969-1979.
Ipomoea aquatica	Leaf	--	--		*
Lactuca sativa	Seed	--	--		*
Marsdenia reichenbachii	Bark	--	--		*
Mimosa pudica	Seed	--	--		*
Morus alba	Root	--	--		*

Musa x paradisiaca	Fruit	--	--		Rizk, A.F.M. and Al-Nowaihi, A.S., The Phytochemistry of the Horticultural Plants of Qatar, Scientific and Applied Research Centre, University of Qatar.
Ononis spinosa	Root	--	170.0		*
Papaver somniferum	Latex Exudate	--	--		ANON. 1948-1976. The Wealth of India raw materials. Publications and Information Directorate, CSIR, New Delhi. 11 volumes.
Passiflora incarnata	Shoot	--	--		Leung, A. Y. and Foster, S. 1995. Encyclopedia of Common Natural Ingredients 2nd Ed. John Wiley & Sons, New York. 649 pp.
Passiflora incarnata	Plant	--	--		*
Pinus palustris	Resin, Exudate, Sap	--	--		Leung, A.Y., Encyclopedia of Common Natural Ingredients Used in Food, Drugs, and Cosmetics, John Wiley & Sons, New York, 1980.
Plantago major	Plant	--	--		*
Polygonum hydropiper	Plant	--	--		*
Psoralea corylifolia	Root	--	--		=ICMR(Indian Council of Medical Research).1976.Medicinal Plants of India.Vol.1.Indian Council of Med. Res.Cambridge Printing Works, New Delhi.487 pp;ICMR.1987.Medicinal Plants of India.Vol.2.Indian Council of Med. Res.Cambr. Printing Works,New Delhi.600pp
Rubus fruticosus	Plant	--	--		*
Ruscus aculeatus	Root	--	--		Lawrence Review of Natural Products, Sep-91.
Ruta graveolens	Seed	--	--		*
Senna alexandrina	Leaf	670.0	3300.0		*
Spartium junceum	Flower	--	--		*
Symphytum officinale	Root	--	--		*
Taraxacum officinale	Leaf	--	--		Hansel, R., Keller, K., Rimpler, H., and Schneider, G. eds. 1992. Hager's Handbuch der Pharmazeutischen Praxis, Drogen (A-D), 1209 pp., 1993 (E-O), 970 pp., 1994 (P-Z), 1196 pp. Springer-Verlag, Berlin.
Tussilago farfara	Leaf	--	--		*
Urtica dioica	Flower	--	--		*
Urtica dioica	Root	--	--		*
Viburnum prunifolium	Bark	--	--		*